[**Breakfast**](https://scout.tveyes.com/)

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* [BBC News 24](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

Moderate drinkers are less likely to suffer some heart problems than those who drink heavily or not at all. That's according to a new study published in the British Medical Journal. Researchers from Cambridge University and University College London found that low levels of alcohol consumption were linked to a lower risk of heart conditions.